



**Harmony House Dagenham CIC**

**Baden Powell Close  
Off Goresbrook Road  
Dagenham**

**Essex RM9 6XN**

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Please complete and email to [healthleaflets@harmonyhousedagenham.org.uk](mailto:healthleaflets@harmonyhousedagenham.org.uk)  
(Alternatively, print or photocopy, complete and fax)

Date: **REQUEST: FREE Cancer Leaflets (for Redbridge)**

| TITLE   | Max 20 | TITLE  | Max 20 |
|---|--------|--|--------|
| Questions about cancer? We're here for you we are Macmillan |        | HPV and Cervical Screening – The Basics  |        |
| Understanding Chronic Lymphocytic Leukaemia (Max 10)        |        | Arm Against Cervical Cancer A3 poster  |        |
| Bone Health- During and After Cancer treatment (Max 10)     |        | Been coughing for 3 weeks? Tell you doctor                                     |        |
| Understand Womb Cancer (max10)                              |        | Know For Sure Cancer leaflet   |        |
| Understand Cancer of the Pancreas (Max 10)                  |        | Blood in your pee even if it's 'just the once' tell your doctor leaflet        |        |
| Understand Secondary Liver Cancer                           |        | Blood in your poo. tell your doctor (lft)                                      |        |
| Be sun smart, see beyond the tan                            |        | If you get out of breath doing things you used to be able to do, tell a doctor |        |
| Be sunsmart kids cook quick A3                              |        | Heartburn most days for 3 wk or more   |        |
| Sunburn fades, Sun damage lasts A3                          |        | Feeling bloated most days for 3 weeks? Ovarian Cancer leaflet                  |        |
| Skin cancer leaflet   |        | Breast Cancer leaflet for over 70's (1 in 3 women are over 70...)              |        |
| Lung Cancer leaflet   |        | Breast screening over 70?  |        |
| Mouth Cancer leaflet  |        | NHS Breast screening   |        |
| Gullet (Oesophageal) Cancer leaflet                         |        | Be Breast aware  |        |
| Bowel Cancer leaflet  |        | Breast Cancer leaflet  |        |
| Testicular Cancer leaflet                                   |        | Bobby Moore Bowel Cancer A4 poster   |        |
| Prostate Cancer leaflet                                     |        | Bowel Cancer A3 poster   |        |
| Cervical Cancer leaflet                                     |        | Cervical Cancer screening - A3   |        |
| Cervical Screening The Colposcopy Examination               |        | Your guide to the HPV Vaccination  |        |
| Cervical Screening The Facts                                |        |  |        |
| Cervical Screening What Abnormal Results mean               |        |  |        |

**PLEASE ALLOW 2 WEEKS FOR DELIVERY**

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|----------------|--|
| Contact Name:  |  |
| Address:       |  |
| Email Address: |  |
| Telephone:     |  |