



Harmony House Dagenham CIC
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Please complete and email to healthleaflets@harmonyhousedagenham.org.uk

Or alternatively, print or photocopy, complete and fax

Date:

REQUEST: FREE Health Conditions leaflets – REDBRIDGE ONLY

	<u>Quantity</u> Maximum 20		<u>Quantity</u> Maximum 20
Atrial Fibrillation booklet		Living with Heart Failure booklet	
Coronary Angioplasty booklet		10 minutes to change your life, managing Diabetes	
Living with Arthritis (Arthritis Care)		Angina booklet	
Osteoarthritis (A Research) max 10		My child has Arthritis A4 booklet (max 2)	
Back Pain booklet (A Research) (m 10)		Getting help managing winter ailments -Feeling under the weather	
Coping with pain booklet		The Dementia Guide handbook (max 2)	
Asthma leaflet		Free eye test for close relatives of people suffering with Glaucoma	
Obstructive Sleep Apnoea leaflet		Pneumonia leaflet	
Getting the best from neurological services booklet		IPF Idiopathic pulmonary fibrosis	
NHS dental services leaflet		Tuberculosis leaflet	
Care planning patient leaflet (Do you have a long term health condition?)		COPD leaflet	
Heart attack booklet		Mesothelioma booklet	
Heart attack. Know the symptoms leaflet		Contact lenses and you leaflet	
Heart attack. Know the symptoms A3 poster		Stroke (FAST) leaflet	
Reducing your Blood Cholesterol		Preventing a Stroke leaflet	
Blood Pressure booklet		Suspect a Stroke act fast leaflet	
Diabetes and your heart booklet		The Stroke Association booklet	
Stroke (FAST) A4 Poster		GP info for Stroke Early Discharge	

PLEASE ALLOW 2 WEEKS FOR DELIVERY

Contact Name:	
Address:	
Email Address:	
Telephone:	